

SCREENING OF RESEARCH SUBJECTS BEFORE SCHEDULING CAMPUS OR IN HOME/REMOTE VISITS

As a part of the University of Pittsburgh's ongoing efforts to reduce the spread of COVID-19, all individuals who come to (or circulate on) a Pitt campus should be screened for symptoms, known exposure, and travel of concern. University personnel should review the screening questions with research participants.

Screening questions should be answered during the scheduling process for the campus or remote visit **and** again on the day of the campus or remote visit. If the research subject answers affirmatively to any of the screening questions the visit should be postponed or the individual should be asked to return home immediately.

1. ARE YOU EXPERIENCING ANY SYMPTOMS THAT MIGHT BE ATTRIBUTED TO COVID-19?

If you are experiencing any of the following symptoms that cannot be attributed to another known health condition, **notify your research coordinator and stay home**: New shortness of breath, cough, sore throat, fever over 100°F or sense of having a fever, sweating, chills, any loss of taste or smell, unexplained muscle aches, nausea, or diarrhea.

2. HAVE YOU HAD A KNOWN EXPOSURE TO COVID-19?

If you have been in close contact (within six feet for more than 15 minutes) with someone known to have COVID-19, have been told by a public health official or employer that you may have been exposed to COVID-19 in the past 14 days, or have anyone in your household showing COVID-19 symptoms, **notify your research coordinator and stay home**.

3. HAVE YOU RECENTLY TRAVELED OUTSIDE OF THE UNITED STATES?

If you traveled outside of the United States and are fully vaccinated,

- A [viral test](#) for COVID-19 is recommended 3-5 days after arriving in the US.
- Self-monitor for COVID-19 symptoms, and isolate if you develop symptoms.

If you traveled outside of the United States and you are NOT FULLY vaccinated,

- Get a [viral test](#) 3-5 days after travel **AND** self-quarantine for a full 7 days after travel (even if you test negative).
- If your test is positive, [isolate](#) yourself until cleared by a physician to end isolation.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
- Self-monitor for COVID-19 symptoms; and isolate if you develop symptoms.

If you are sick or have one or more of the above symptoms on the day of your scheduled visit:

- Notify your research coordinator and stay home or ask that your in-home visit be postponed.
- Contact your health care provider.